

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Lisa Bowes

Has successfully participated & completed the

8km Shift Winter Trail Series - Race 1 of 3

held at Walter Sisulu Garden.

## **TIME** 01:44:16

**PACE** 13:01/km OVERALL 68 of 80

**GENDER** 36 of 45 **OPEN** 30 of 35

outLime

Signature

12 May 2018, Sat

Date